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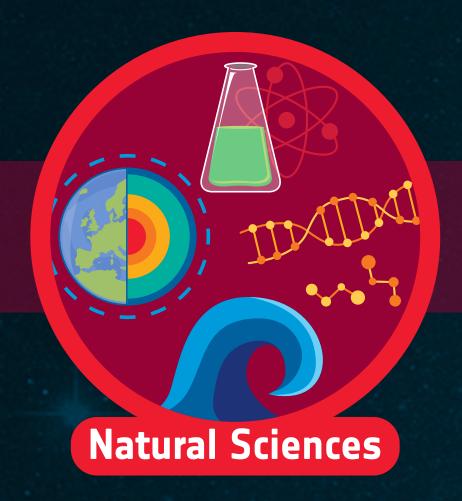
This document contains videos and links to web pages for more information. Click on the and iicons to discover more information. Links to recommended images, videos and animations are provided towards the end of this information kit. An internet connection is required to access the webpages.



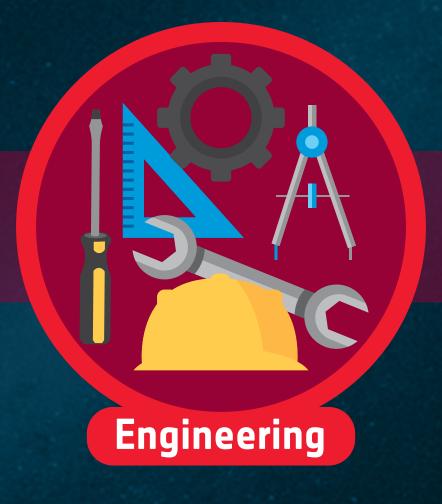


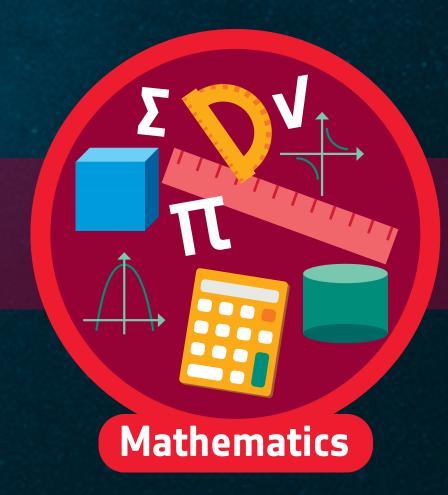
# WHO CAN APPLY?

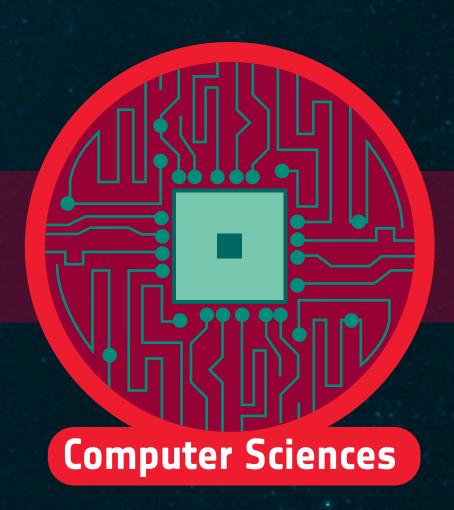
There are many paths to becoming an astronaut... ESA is seeking candidates with a Master's degree (or higher) and a minimum of three years' experience in:









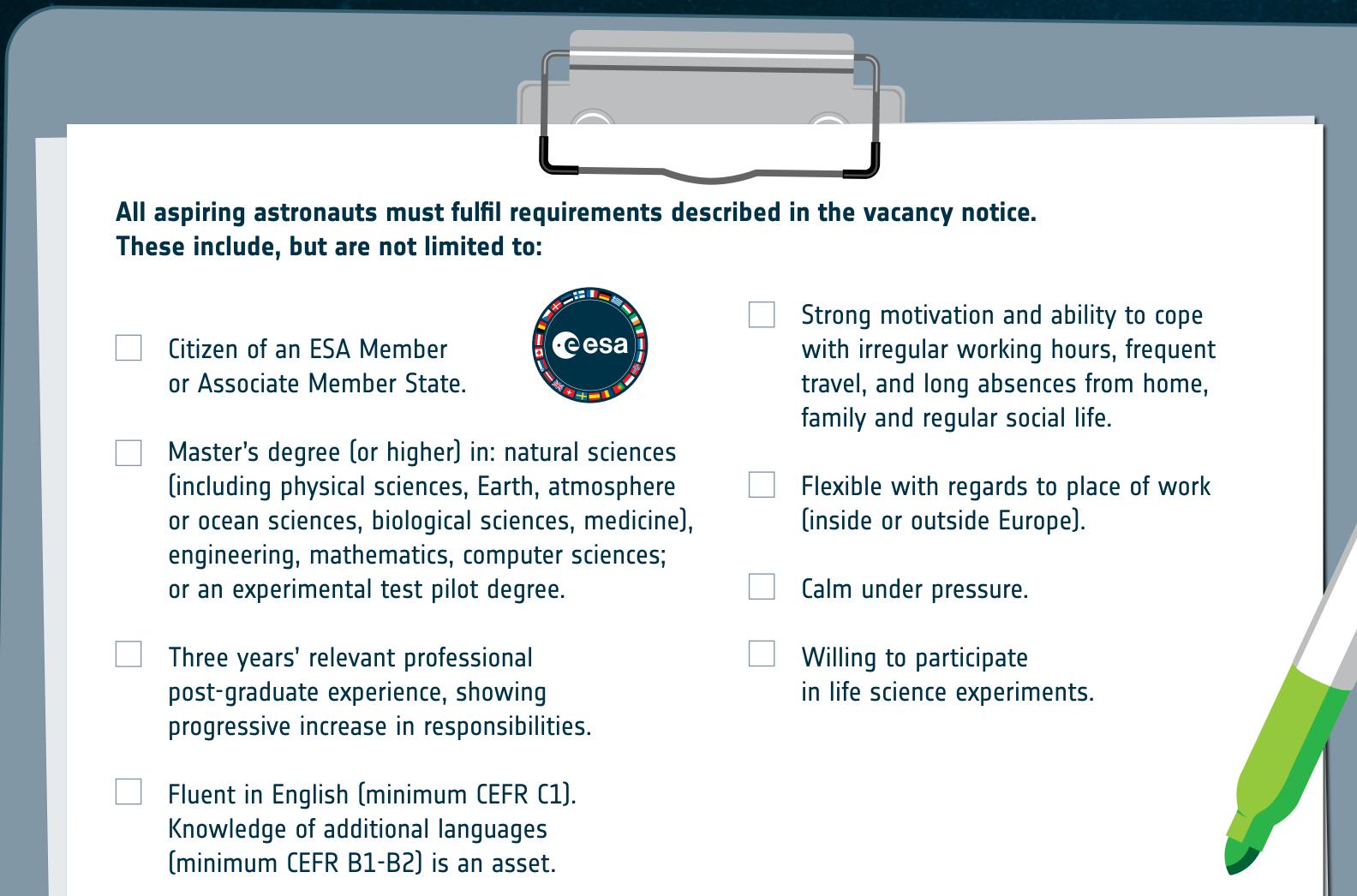


Applications from all **qualified candidates**, irrespective of gender, sexual orientation, ethnicity, beliefs, age, or other characteristics, are welcome.

ESA is also issuing a **Special call** for candidates with physical disabilities to apply to its astronaut reserve. Discover this new opportunity on the ESA astronaut selection website.



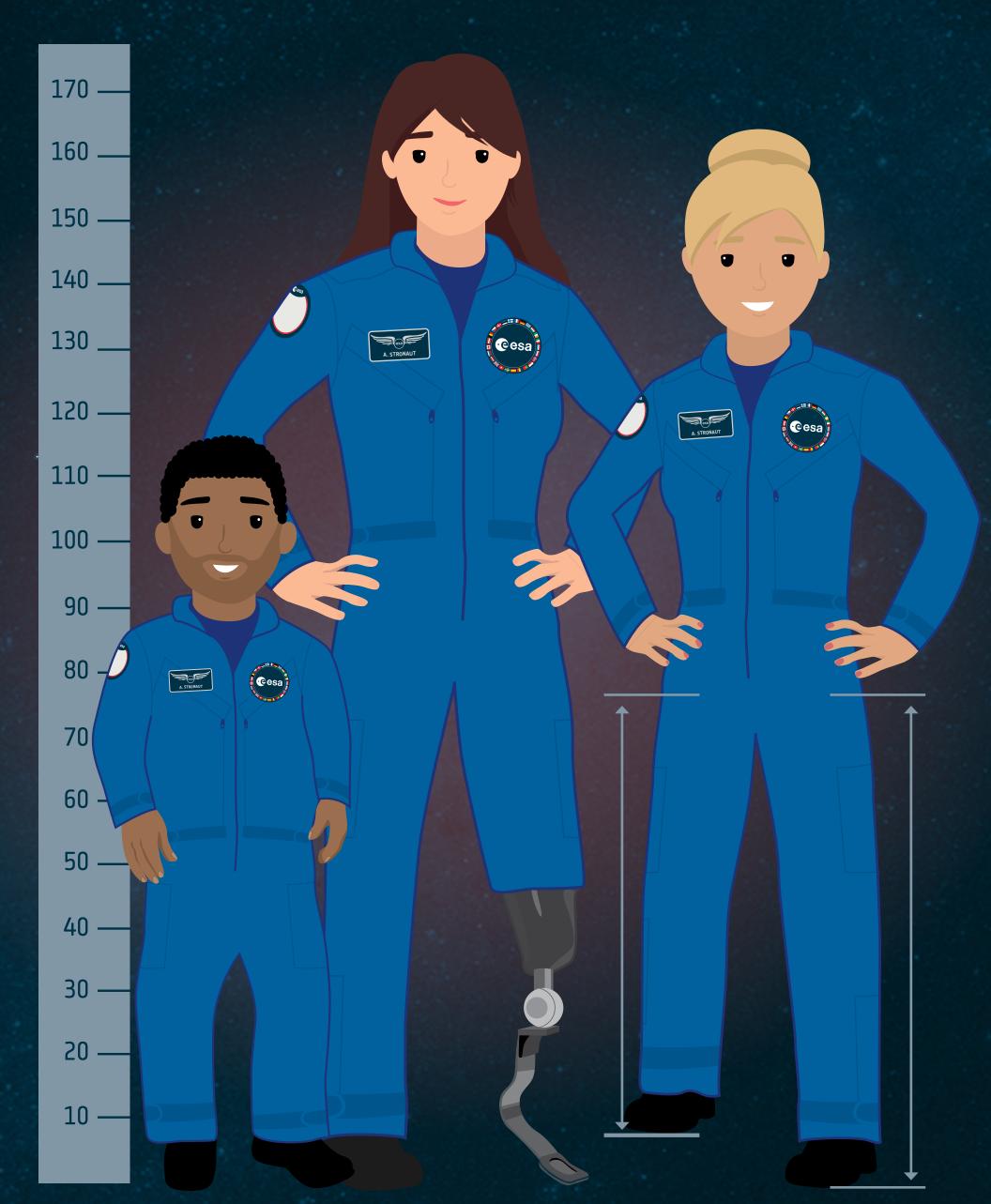
# REQUIREMENTS TO APPLY





As part of ESA's commitment to enhance inclusiveness and fair representation, the Agency is launching the parastronaut feasibility project to assess the conditions for including **astronauts** with disabilities to work in space. This project is a new endeavour for Europe and a global first.

The feasibility project aims at offering professional spaceflight opportunities to a wider pool of talents. Starting with selected disabilities to have a thorough understanding of the potential challenges in terms of safety and operations in space, the scope of disabilities may then be extended aiming at broader inclusion.





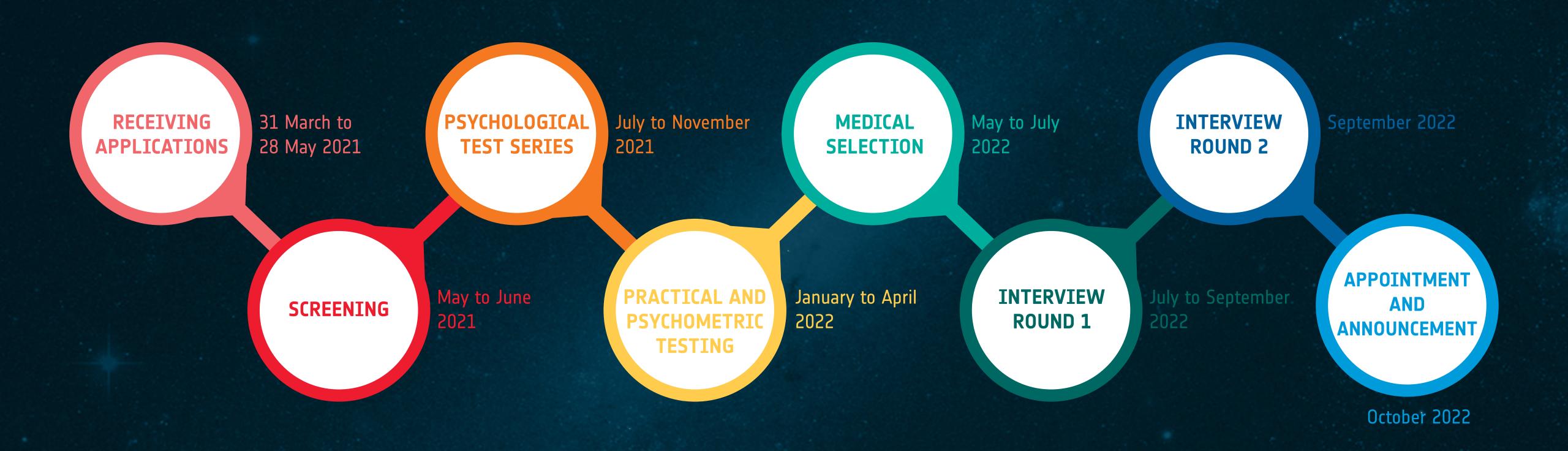
The selected candidate(s) will work with ESA to assess and optimise the conditions allowing people with physical disabilities to work and live in space.

The educational and psychological requirements for these candidates are the same as for the ESA astronaut selection. However, with respect to **physical requirements**, this feasibility project will allow the inclusion of candidates with the following disabilities:

- a lower limb deficiency, as follows:
  - Single or double foot deficiency through ankle
  - Single or double leg deficiency below the knee
- a pronounced leg length difference
- a short stature (<130 cm)

# SELECTION PROCESS





The situation regarding COVID-19 may change this schedule.



# HOW TO APPLY

- Applications open
  31 March 2021
  and close 28 May 2021
- 2 Submit a complete application online through the ESA careers website before the vacancy closes
- Create an account and answer an online questionnaire
- 4 Upload all documents specified in the vacancy notice:
  - a Europass CV (in English)
  - a motivation letter (in English)
  - a copy of your passport
  - a medical certificate issued by an aviation medical examiner showing you are medically certified for a Private Pilot Licence or higher. You do not need to actually hold a pilot licence.

Please take care when applying. All incomplete, late, or incorrectly submitted applications will be disregarded without exception.



# THE EUROPEAN SPACE AGENCY: SPACE FOR EVERYONE

Established in 1975, ESA now has 22 Member States and cooperates with many others. These countries are home to more than 500 million European citizens. If you're one of them, then we're working for you.

Our mission is the peaceful exploration and use of space for the benefit of everyone. We watch over Earth, develop and launch inspiring and unique space projects, fly astronauts and push the boundaries of science and technology, seeking answers to the big questions about the Universe.

We are a family of scientists, engineers and business professionals from all over Europe, working together in a diverse and multinational environment.

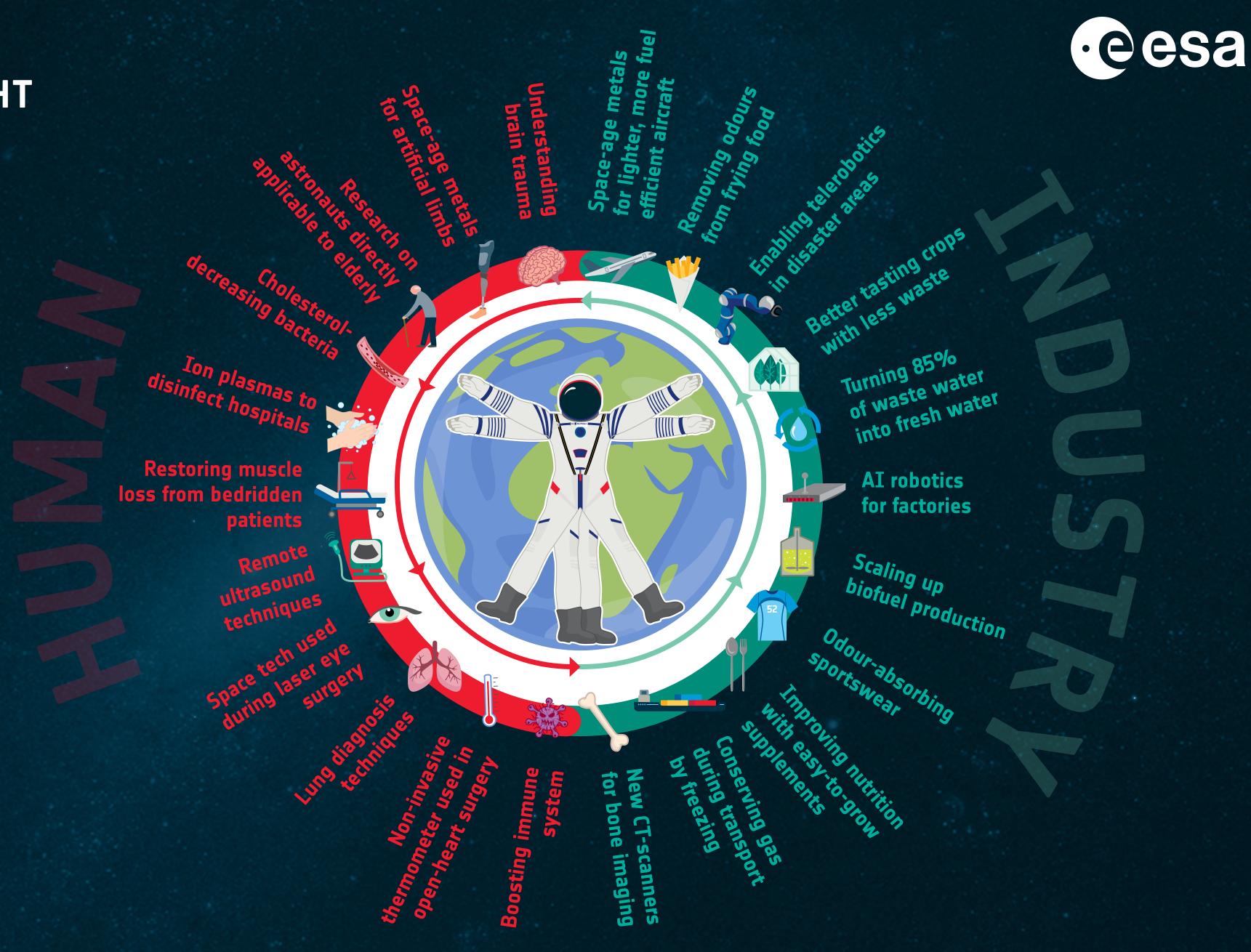




# BENEFITS OF SPACEFLIGHT

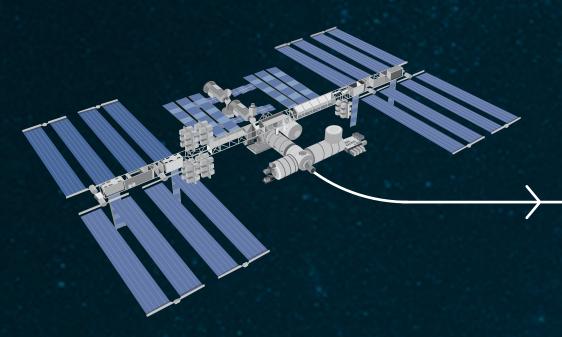
Human and robotic spaceflight contributes to a **circular economy.** Our research and technology developments improve energy efficiency, automation, robotics and artificial intelligence, as well as habitation, recycling, waste management and additive manufacturing processes and technology.

Click on the benefits to the right for more information about each subject and how it is helping people on Earth.



# **ESA ASTRONAUTS**

**European astronauts** on the International **Space Station** 



# Umberto Guidoni



Roberto Vittori



Marco Polo

April – May 2002

STS-111 June 2002

Philippe Perrin



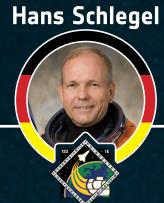
Odissea October — November 2002

**Pedro Duque** 



OasISS May — December 2009

Léopold Eyharts



STS-122 February 2008



Esperia October — November 2007

Christer Fuglesang

April – May 2001



Astrolab July — December 2006

October 2001



Eneide April 2005 April 2004



DELTA

Cervantes October 2003





August — September 2009

Paolo Nespoli

STS-122

February — March 2008



MaqISStra December 2010 — May 2011





DAMA May 2011





PromISSe December 2011 — July 2012



Celsius

December 2006

May — November 2013



Blue Dot May — November 2014



November 2014 — June 2015 September — October 2015





Principia December 2015 — June 2016

You?

**Matthias Maurer** 



Cosmic Kiss Autumn 2021

**Thomas Pesquet** 



Alpha April 2021

Luca Parmitano



July 2019 — February 2020



June — December 2018



July — December 2017





Proxima November 2016 — May 2017

# **ASTRONAUTS IN SPACE**

#### **Experiments**

Perform experiments autonomously or in contact with mission control.

**Breakfast** 

#### Social

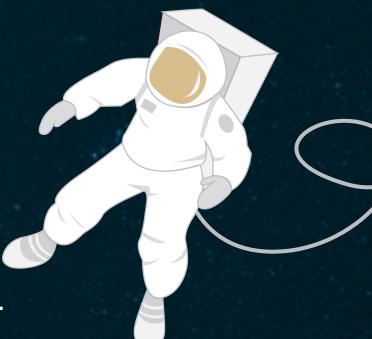
Phone calls with family and friends.

11 23 00





Exit the Space Station to install new experiments or carry out maintenance.



Usually an all-day event.



#### Maintenance

Make sure all equipment as well as the Station itself is in tip-top shape.



#### Health check

Participate in weekly conferences with doctors.

## Daily meeting

20-minute meeting about the day's planned activities and any changes to the schedule from mission control.

**Fitness** 

week.

Exercise for two hours

per day, seven days a



# Sleep

Eight hours per day.

Lunch



#### Weekends

Carry out housekeeping, public relations and voluntary tasks, plus spare time.





15 3

<sup>16</sup>4



# **ASTRONAUTS ON EARTH**

Tasks ESA astronauts perform when they are not in space.

## Office work

Attend meetings and briefings, serve on boards, advise on procedures and protocols.



## **Training**

Refresher sessions, language classes, medical training, mission-specific training.



#### **Education and outreach**

Attend special events, speak with young people about ESA and space topics.

## Public relations and media

Give interviews, host visits, record special messages, social media.

## **Mission support**

Lead team in charge of ESA astronaut operations and crew support.

# Exercise

Maintain an adequate level of fitness through sport and exercise.



#### Mission control

Guide astronauts through spacewalks and spacecraft operations by radio from mission control.



#### **Travel**

Travel for events,
conferences, training
and longer-term postings
with partner agencies.

## **Special assignments**

Participate in analogue missions such as NASA's NEEMO and ESA's CAVES and Pangaea training.



# SUPPORT TEAM

Space exploration is a team effort, requiring many functions. Here are a few other roles that help ensure mission success.

#### **Eurocoms**

Europe's specialist communicators and biomedical engineers are the voice link between astronauts in space and ground control teams on Earth.

#### **Crew support**

The wellbeing of astronauts and their families is supported by a dedicated crew operations team.

#### **Medical experts**

Flight surgeons, exercise specialists, administrators and other experts take care of an astronaut's health.

#### Scientists and researchers

Principal investigators and their teams develop and support the experiments astronauts perform in orbit.

#### **Trainers**

Astronaut trainers prepare crew members to carry out tasks and experiments in space.

#### **Planners**

An astronaut's time is a precious resource, planners make sure this is scheduled for use in the most efficient way.

#### Flight directors

The team at ESA's Columbus Control Centre make sure astronauts work safely in Europe's space laboratory, and command and control systems from the ground.

# Public relations, media and communications

This team brings the fascinating science and operations of astronaut missions to the attention of the public.



# PHASES OF TRAINING

Astronaut training is constantly evolving. However, there are **three key phases** for European astronauts.

# BASIC TRAINING

One year, at European Astronaut Centre

#### Introduction to:

- ESA
- International space programmes
- Engineering and science fundamentals
- Space systems and vehicles

- Basic astronaut skills
- Russian language
- Survival skills

# PRE-ASSIGNMENT TRAINING

Length varies, at all partner sites

#### Gain in-depth knowledge:

- Resource and data operations, robotics
- Navigation
- Maintenance
- Spacewalks

- Medical practices and payloads
- At this stage astronauts also support operations for ongoing missions

# INCREMENT TRAINING

Around two years, at multiple locations

#### Once assigned a spaceflight:

- Prepare for assigned mission
- Focus on specific tasks and experiments to be performed in space





# TRAINING LOCATIONS

# Canadian Space Agency Robotics Training Centre Montreal, Canada NASA Johnson Space Center Houston, United States

# SpaceX Dragon training Hawthorne, United States

#### NASA Kennedy Space Center Florida, United States

#### **ESA**

European Astronaut Centre Cologne, Germany

#### Roscosmos

Yuri Gagarin Cosmonaut Training Centre
Star City, Russia

#### JAXA

Tsukuba Space Center
Tsukuba Science City, Japan

#### Roscosmos

Baikonur Cosmodrome Baikonur, Kazakhstan

#### **European Astronaut Centre**

Home to ESA's astronaut corps, it trains Europeans to fly to the International Space Station, while preparing for an exciting future of space exploration beyond low Earth orbit.

# 200+

People involved in astronaut training across the globe.



# 30+

Astronauts from all over the world train each year at ESA's astronaut centre.



# **CAVES**

CAVES stands for Cooperative
Adventure for Valuing and Exercising
human behaviour and performance
Skills. The three-week course
prepares astronauts to work safely
and effectively in **multicultural teams** in an environment where
safety is critical – in caves.



The cave environment provides many space-relevant conditions, including isolation from the outside world, confinement, minimal privacy, technical challenges, as well as limited equipment and supplies for hygiene and comfort. Participants must adapt to living and working together in a unique environment to meet scientific and exploration objectives.

Constant attention to **safety rules**, procedures and equipment is critical to the successful completion of the mission.



The Pangaea course provides European astronauts practical knowledge of **geology of Earth,**Moon and Mars to prepare them to work with planetary scientists and engineers in the next exploration missions.

Astronauts train to work together with robots, scientists and engineers on Earth, using the best field geology and planetary observation techniques.

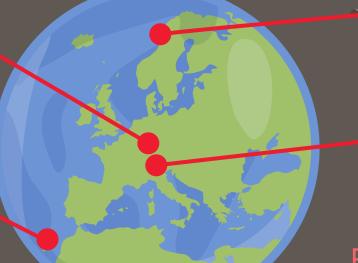
The course is split into several parts over a year, in these locations:

Earth and lunar geology

Nördlinger Ries crater, Germany

Geological field training and astrobiology

Lanzarote, Spain



Moon highland terrain

Lofoten, Norway

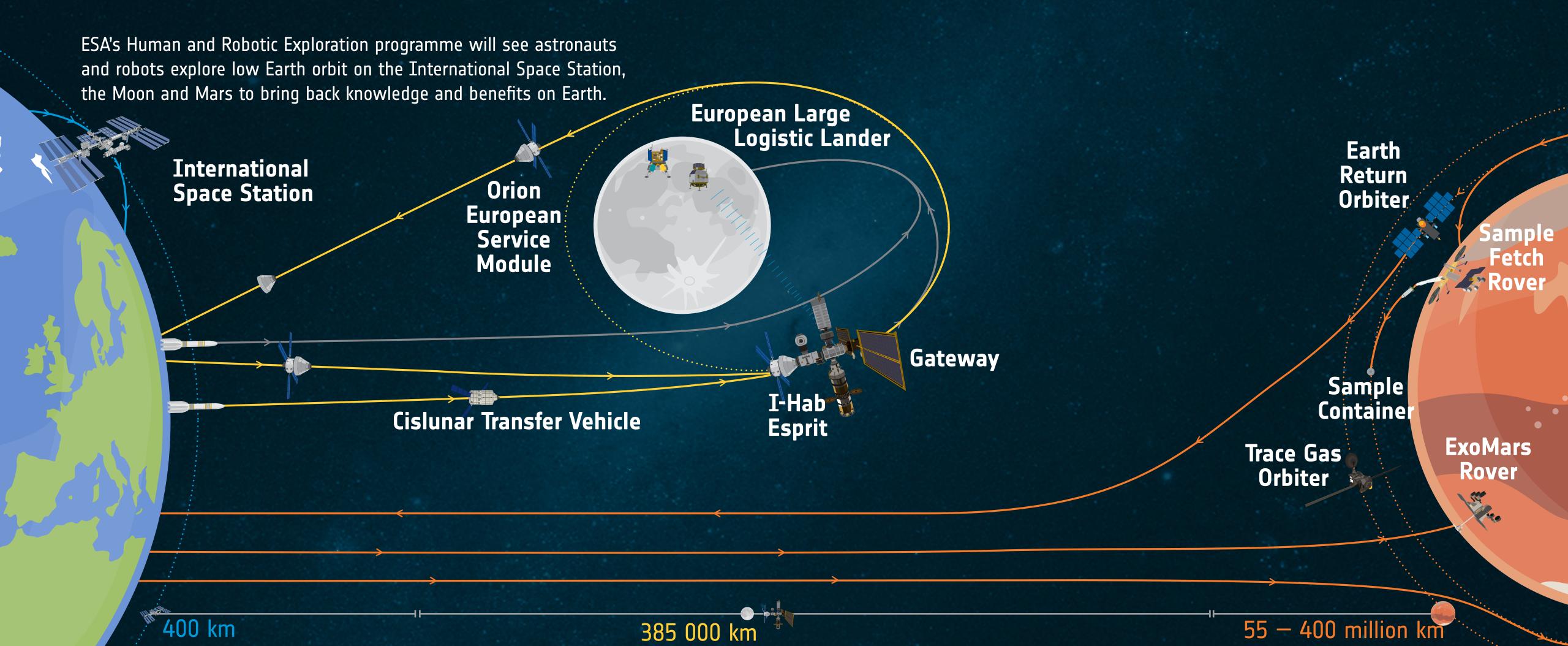
esa

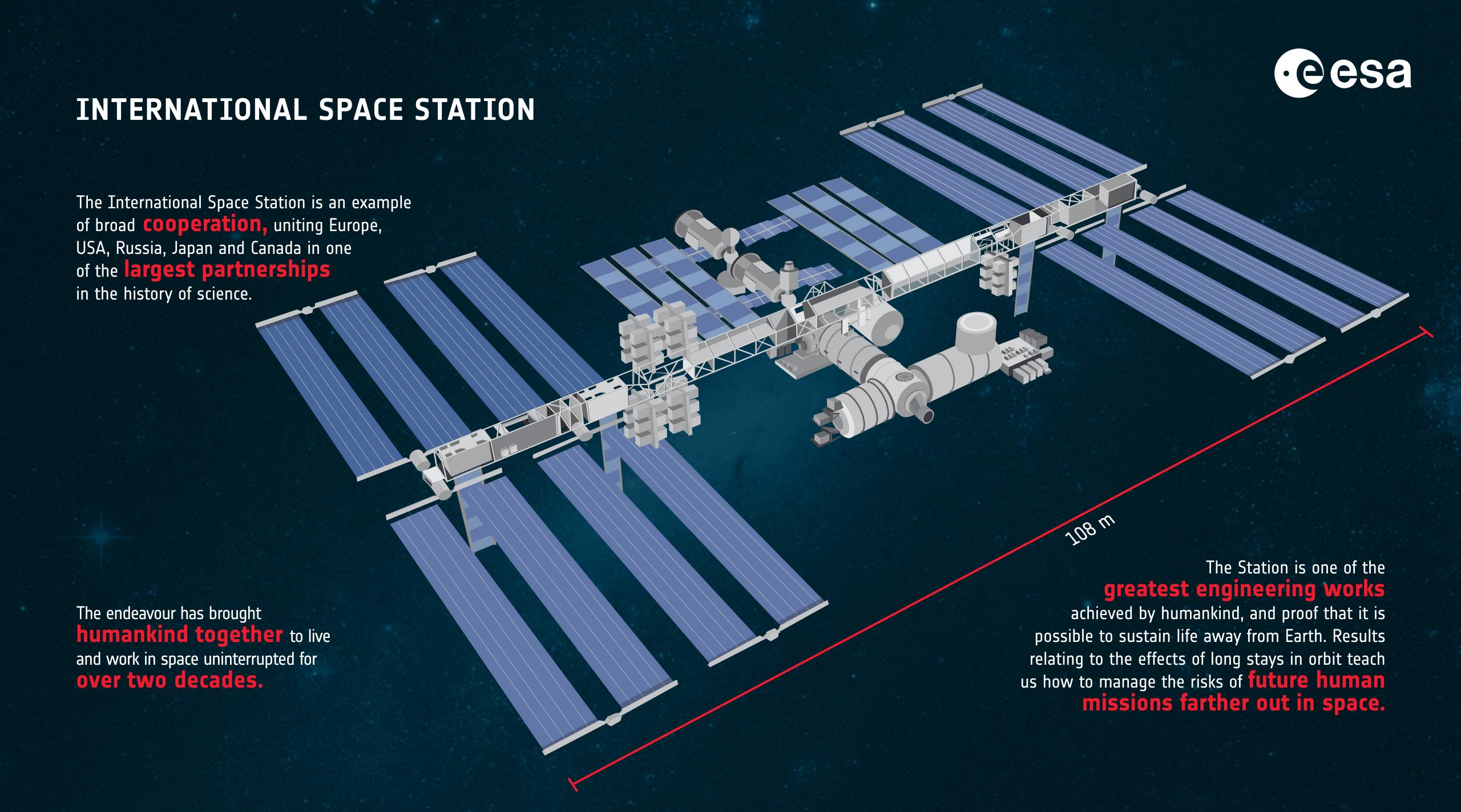
Martian sedimentary geology and surface processes

Bletterbach canyon, Italy



# ESA'S HUMAN AND ROBOTIC EXPLORATION DESTINATIONS

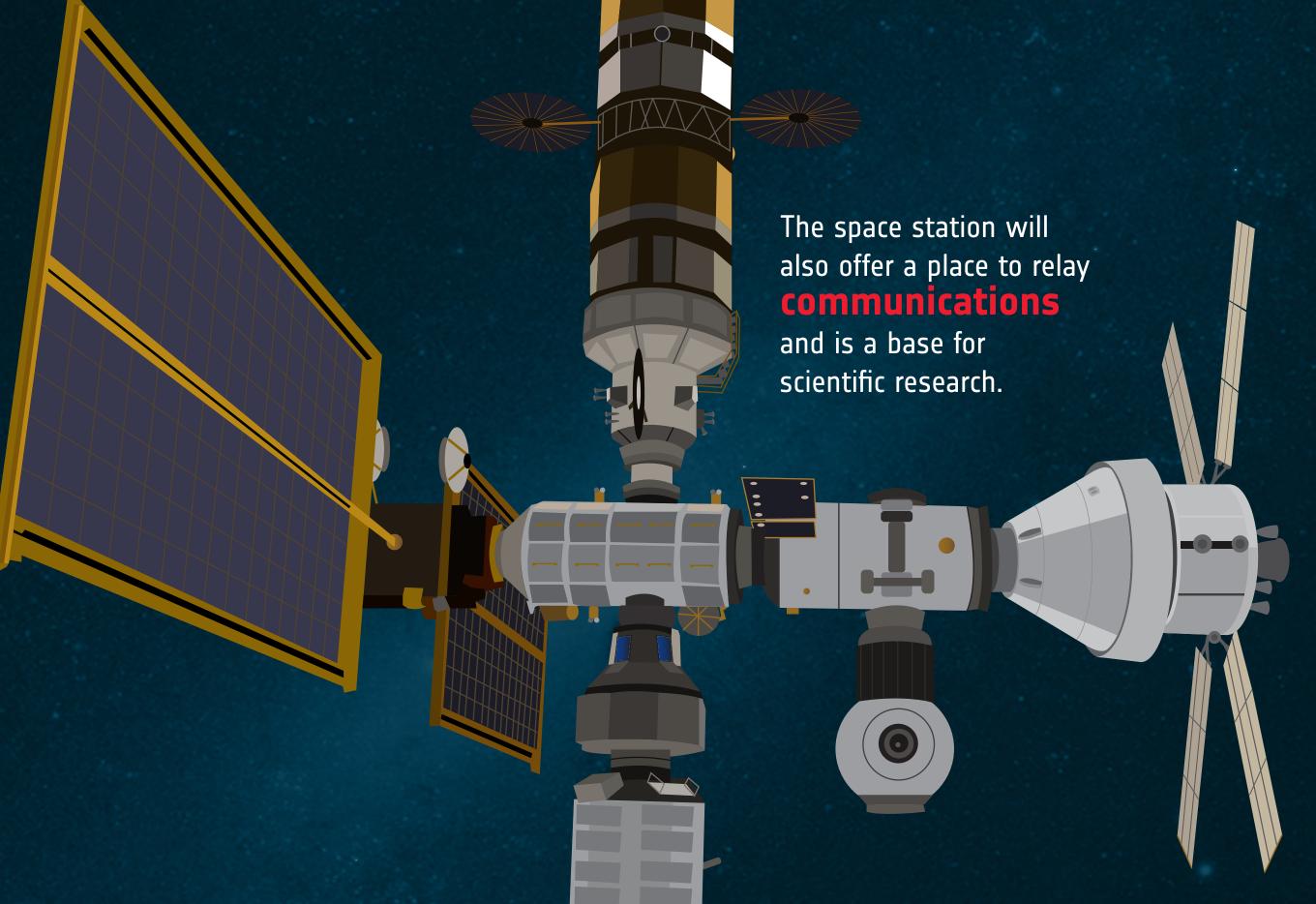




# **GATEWAY**

The lunar Gateway will be assembled and operated in a highly elliptical orbit around the Moon.

It will be a staging post for missions to the Moon and Mars. It will provide shelter and a place to stock up on supplies for astronauts en route to more distant destinations.



Astronauts will use the **Orion spacecraft** to travel to the Gateway.

TO

Astronauts will be able to occupy the

Gateway for up to 90 days at a time.

The Gateway has a mass of around **40 tonnes** and will consist of a service module, a communications module, a connecting module, an airlock for spacewalks, a place for the astronauts to live and an operations station to command the Gateway's robotic arm or rovers on the Moon.



Orion is a NASA spacecraft set for missions to the Moon, Mars and beyond.

ESA has designed Orion's European Service Module – **the powerhouse** that will supply the spacecraft with electricity, propulsion, thermal control, air and water.





than ever before.

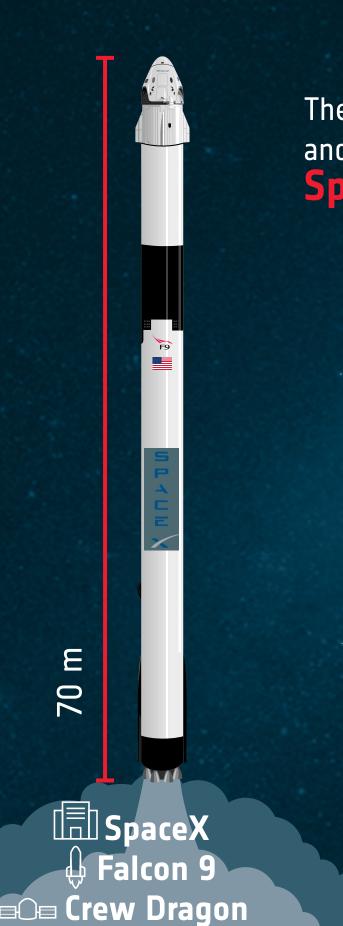


# ROCKETS

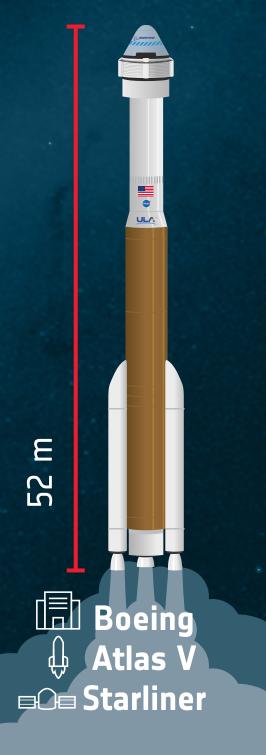
# Going to space

Getting to space requires a **rocket** launch. These are the rockets that ESA astronauts could be launched on.

50 m Roscosmos **⊕** Soyuz FG Soyuz MS spaceraft



The Russian Soyuz, commercial SpaceX Crew Dragon and Boeing Starliner fly to the International Space Station.



The Space Launch System rocket will launch the Orion spacecraft on Artemis missions to the Gateway and the Moon.

I NASA

**□** Orion

Space Launch System



eesa

# **ESA MEMBER STATES**

ESA is an international organisation

with 22 Member States. By coordinating the financial and intellectual resources of its members, it can undertake programmes and activities far beyond the scope of any single European country.



Austria Italy

Belgium Luxembourg

Czoch Popublic The Notherlan

Czech Republic The Netherlands
Denmark Norway

Estonia Poland Finland Portugal

France Romania

Germany Spain
Greece Sweden

Hungary Switzerland

Ireland United Kingdom

**■** Associate Members

Latvia Slovenia

Long-standing Cooperating State

Canada

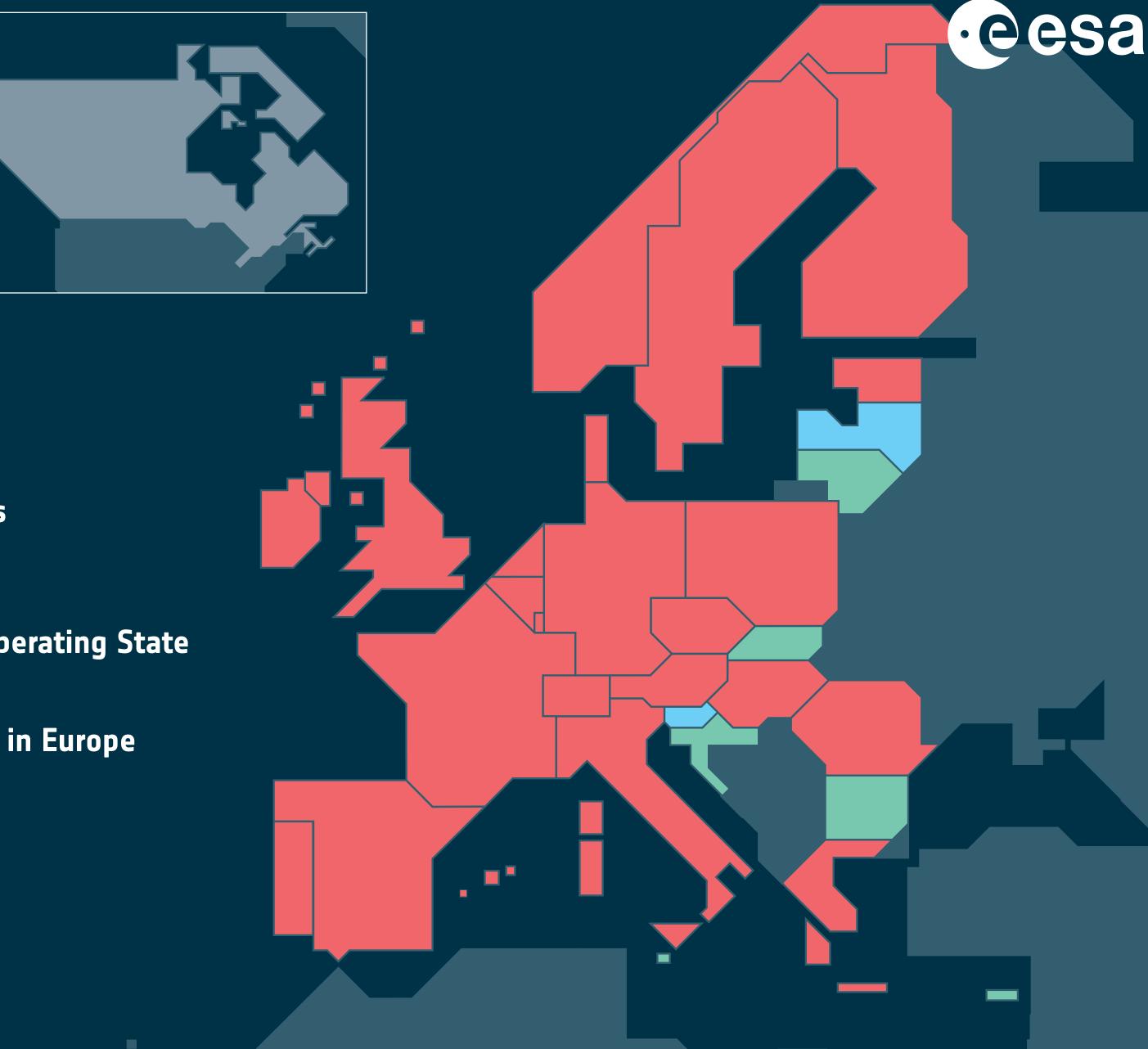
Cooperating States in Europe

Bulgaria Croatia

Cyprus

Lithuania

Malta Slovakia



# ESTABLISHMENTS AND FACILITIES

# ESA ESEC O

Innovating in space security and education.

# ESA HQ O

Guiding Europe's activities in space.

# ESA ECSAT

Applying space to daily life.

## EUROPE'S SPACEPORT

Guaranteeing European access to space.

# ESA ESTEC

ESA's technical and research heart.

# Cesa

## **ESA EAC**

Europe's hub of astronaut activity.

# O ESA ESOC

Where space missions come alive.

# ESA ESAC O

ESA's window on the Universe.

#### **ESA ESRIN**

Keeping watch over our planet.



# INFOGRAPHICS



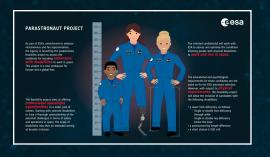
Your way to space



Who can apply?



Requirements to apply



Parastronaut project



Selection process



How to apply



The European Space Agency: space for everyone



Benefits of spaceflight



**ESA** astronauts



Astronauts in space



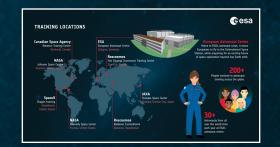
Astronauts on Earth



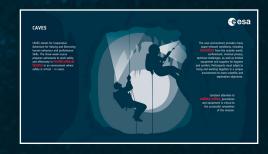
Support team



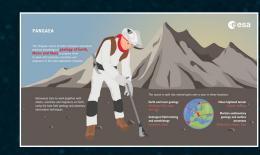
Phases of training



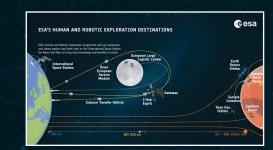
Training locations



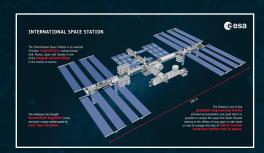
CAVES



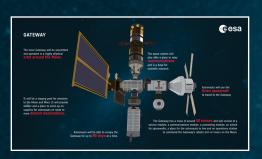
Pangaea



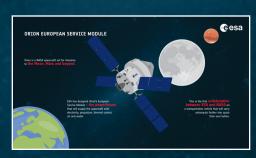
ESA's human and robotic exploration destinations



International Space Station



Gateway



Orion European Service Module



Rockets



**ESA Member States** 



Establishments and facilities



# **IMAGES**



Ten years of ESA's 2009 class of astronauts



Running experiments



Spacewalk



Orion



Gateway



Spacewalk training



CAVES course



Pangaea course



ESA astronauts, class of 2009



Science



Spacewalk



Orion



Gateway



Training



CAVES course



Pangaea course



ESA astronauts, class of 2009



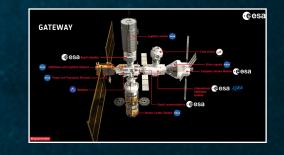
Science



Spacewalk



Orion European Service Module



Gateway concept



Training



CAVES course



Pangaea course







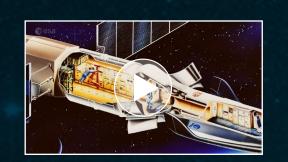
International Space Station: 20 years in 60 seconds



New eyes — Thomas Pesquet



**Space Station** science with Samantha Cristoforetti



A decade of European space science on Columbus



Wall of the world — Alexander Gerst



Three months of science in space with Alexander Gerst



Human spaceflight and robotic exploration future



Space medicine: staying fit in space



Dizziness experiment with Tim Peake



Visions of human spaceflight and robotic exploration



Space medicine: staying healthy in space



Sloshing liquids with Thomas Pesquet



Alpha mission training — Thomas Pesquet



Science: Foams



Gyroscopes in space with Tim Peake



Blue Dot mission summary — Alexander Gerst



Science: fluid mixtures



Training for a spacewalk with Matthias Maurer



Tour of the Columbus laboratory with Tim Peake





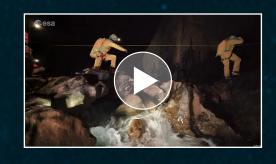
Destination: low Earth orbit



Science: growing blood vessels



Science: boiling



**CAVES 2019** 



Pangaea-X

# Cesa

# WEBSITES



ESA



ESA astronaut selection



Careers at ESA



**ESA** astronauts



The European European Astronaut astronaut corps Centre



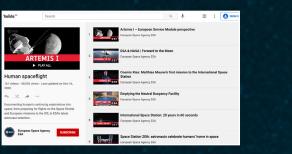
International Space Station



Orion



Gateway



Human and robotic exploration



Luca Parmitano



Alexander Gerst



The European astronaut corps

Samantha Cristoforetti



Andreas Mogensen



Tim Peake



Thomas Pesquet



Matthias Maurer



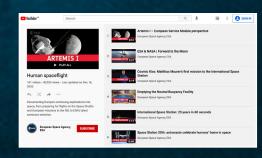
ESA exploration blog



CAVES and Pangaea blog



Lunar web documentary



Human and Robotic Exploration on YouTube



CAVES videos



ESA videos for professionals: Fit for space



ESA Explores podcast



ESA Brand Centre — ESA Patch





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- twitter.com/esa twitter.com/esaspaceflight

Official hashtag: #YourWayToSpace

